

We build strong kids,  
strong families,  
strong communities.




Plus de vie à la vie  
des jeunes, des familles  
et de la communauté.

YMCA

# Break Week Aquatic Schedule

June 27<sup>th</sup>-July 3<sup>rd</sup>, 2009

Saturday 27 <sup>th</sup>	Sunday 28 <sup>th</sup>	Monday 29 <sup>th</sup>	Tuesday 30 <sup>th</sup>	Wednesday 1 <sup>st</sup>	Thursday 2 <sup>nd</sup>	Friday 3 <sup>rd</sup>
7-9:00am Adult Swim	7-9:00am Adult Swim	6-8:00am Adult Swim	6-8:00am Adult Swim	9-11:00am Open Swim	6-8:00am Adult Swim	6-8:00am Adult Swim
9-12:00pm Open Swim	9-4:30pm Open Swim	8-9:00am Aquafit	8-9:00am Aquafit	11-1:00pm Adult Swim	8-9:00am Aquafit	8-9:00am Aquafit
12-1:00pm Adult Swim	4:30-6:45pm Adult Swim	9-11:00am Open Swim	9-11:00am Open Swim	1-4:30pm Open Swim	9-11:00am Open Swim	9-11:00am Open Swim
1-2:00pm Adult/ Rental		11-1:00pm Adult Swim	11-1:00pm Adult Swim	<b>H A P P Y  C A N A D A  D A Y !</b>	11-1:00pm Adult Swim	11-1:00pm Adult Swim
2-4:00pm Open Swim		1-2:00pm Open Swim	1-7:00pm Open Swim		1-8:00pm Open Swim	1-2:00pm Open Swim
4-6:45pm Adult Swim		2-3:00pm Aquafit	7-8:00pm Aquafit		8-10:15pm Adult Swim	2-3:00pm Aquafit
		3-7:00pm Open Swim	8-10:15pm Adult Swim			3-8:00pm Open Swim
		7-8:00pm Aquafit			8-10:15pm Adult Swim	
		8-10:15pm Adult Swim				